

FALL 2014

VOICE DIALOGUE TRAINING LEVEL I

PART A (Prerequ. to Part B)

(12 CEUs Certificate)

Thursday, Sept. 18, 2014

9 am – 4 pm

&

Monday, Oct. 27, 2014

9 am – 4 pm

PART B (Practicum)

(4 CEUs Certificate)

Tuesday, Nov. 11, 2014

10 am – 3 pm

**This price is for A & B
Early Bird Special Before
August 1: \$465**

By September 5: \$495

After September 5: \$525

REGISTER ONLINE:

[Http://bit.ly/1n1bgFZ](http://bit.ly/1n1bgFZ)

**Space Is Limited
So Register Early!**

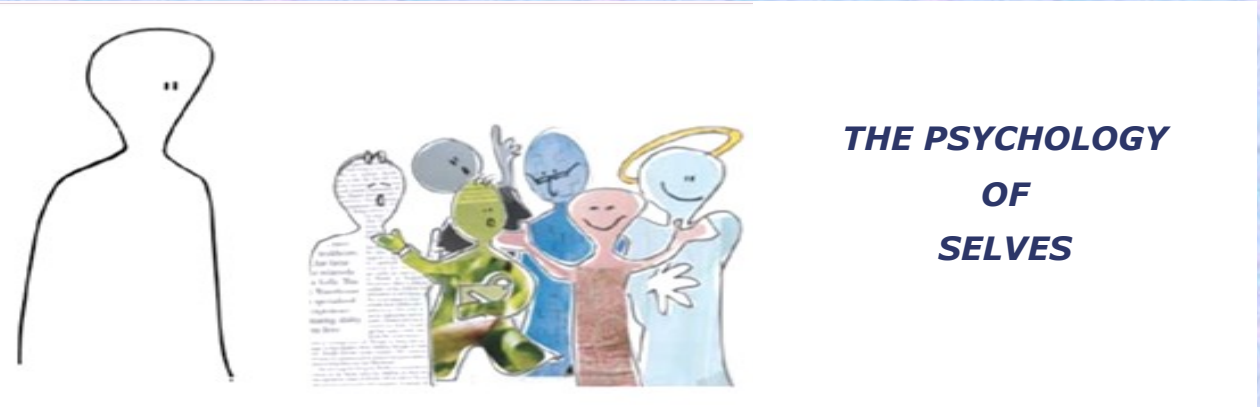
**Questions: Email us at
mpnberlin@gmail.com**

or

arosenphd@comcast.net

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*Illustrations by
Silje Alberthe Kamille Friis*



Voice Dialogue is being used by mental health professionals internationally. It is a transformative method for entering into direct contact with a person's inner family of selves – developed by Drs. Hal and Sidra Stone. Each of these selves has a different way of looking at the world, as well as its own impulses, needs, desires, and methods of protecting the client. Each Self is an archetype who also has rules of behavior, feelings, perceptions, reactions, and a history all its own.

Voice Dialogue can be a powerful adjunct to other psychotherapeutic approaches. It can help the client to separate from these inner Selves and develop the ability to choose more conscious behaviors. For example, assisting a client in recognizing and separating out from his/her Inner Critic and learning to reality check and manage this Inner Critic from a place of awareness (like a CEO of one's internal board of selves), can make a profound difference in a client's self-esteem.

By getting to know and hearing the needs of the "Inner Child," clients can learn to correctively re-parent this young and vulnerable aspect of our being as part of the process of healing, and make choices that enable our child to feel protected, nurtured, and loved. Identifying and working with the inner family system of Selves enhances a client's appreciation of themselves and strengthens their ability to grow, create, and feel more powerful and loving.

The goal of Voice Dialogue work is to develop a CEO of this inner board of Selves or what is called the "primary self system," with which we have been identified all along.

THE TRAINERS

Abby Rosen, PhD and Ruth Berlin, LCSW-C, have been Voice Dialogue practitioners and teachers since 1985 and have studied and worked with Drs. Hal and Sidra Stone – the internationally renowned psychologists that developed Voice Dialogue. They have led numerous workshops in the field of Transpersonal Psychology, the integration of psychology and spirituality. Additionally, they have conducted workshops in Voice Dialogue, the Psychology of Selves in Maryland for the past 25 years.

Abby Rosen, PhD, Co-Founder of InnerSource Conferences and Director of InnerSource, Inc. has worked with individuals and couples for over 40 years. Dr. Rosen leads retreats and meditation groups based on the book she wrote, *LASTING Transformation: A Guide to Navigating Life's Journey*.

Ruth Berlin, LCSW-C, Co-Founder of InnerSource, has worked with individuals, couples and families for 42 years. Ruth is a contributing author to *The Voice Dialogue Anthology: Explorations of the Psychology of Selves and the Aware Ego Process*. Her chapter is on Advocacy and the Psychology of the Aware Ego.

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VOICE DIALOGUE, RELATIONSHIPS, & THE PSYCHOLOGY OF SELVES

LEVEL I PROFESSIONAL TRAINING

In Annapolis, MD

Working with the Inner Family of Selves



**Psychologists, LCSWs, and LCPCs
16 CEUs**

**Thursday, September 18, 2014
Monday, October 27, 2014
Tuesday, November 11, 2014**

**Co-Sponsored by InnerSource
Conferences, Inc. Annapolis, MD
&**

**The National Association of Social
Workers- Maryland Chapter**

**Abby Rosen, PhD
Ruth Berlin, LCSW-C
Trainers**